**Android Final Project Description-Weight gauge**

Weight gauge measures your body fat based on your height and weight. It also goes further in giving you easy tips on how you can burn fat(if you are overweight) or gain more weight( if you are underweight).

**Problem:**

Today, many have formed the habit of overfeeding and not watching their weight. Some of these people who find themselves culprit do not do exercise in most cases. While some are underweight without knowing. These has the danger of many diseases like Stroke, Heart attack, etc

**Proposed Solution**

Design an app that enables a user to know their weight status via their height and weight. This app will calculate the users body mass index(BMI) and tell the user if he is underweight, Normal, Obessed or Overweight. If the user weight status is critical, the app gives the user tips on how he can bring his weight back to normal